

## Positive Alternatives 2015 - 16 Quarterly Update

**Grantee: NORTH SIDE LIFE CARE CENTER**

**Contact: Cindy Lorsung**

**Contact Information: 612-522-6589, [ed@northsidelifecare.org](mailto:ed@northsidelifecare.org)**

**Goal: To provide quality prenatal care to women who may otherwise experience barriers to access, and to offer support services both before and after birth**

**For the period:**

596

<b>Activity or Service</b>	<b>Activity or Service Description</b> <small>Major Work Plan Activities</small>	<b>Work Plan Count</b>	<b>Program Progress and Accomplishments</b> <small>Report the progress and accomplishments made this period on each activity.</small>	<b>Report Count</b>
<b>Case Management Services</b>	Enroll clients in educational incentive program and set goals; meet with clients at least monthly	100	The Small Steps program is very popular. We usually have a waiting list to get into it.	147
<b>Crib Distribution/ Sleep Safety Education</b>	Provide safe sleep information to all clinic patients and to educational incentive program clients who select it; provide crib/Pack n Play to incentive program clients who earn one	30	The nurse provides safe sleep information and handouts to each patient at 36 weeks.	26
<b>Education Assistance</b>	Enroll client in educational incentive program; set ESL, GED or other educational goal; meet with clients to assess progress and meet goals	2	Several clients have enrolled this fall for college, high school or GED completion.	2
<b>Employment Assistance</b>	Enroll client in educational incentive program; set employment goals such as working on resume or applying for job; meet with clients to assess progress and meet goals	3-9	A few clients have been motivated to look for employment.	1

<b>Maternal and Child Health Initiative Task Force Strategies</b>	<b>No.</b>
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	1
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	2
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	29

**Challenges:** We have had a dramatic drop in prenatal patients. This seems to be true all over the cities.

**Comments:**